RocklandMD
Centre de chirurgie

Information For Your Day Surgery

Where and when to arrive for your surgery:

Please arrive at the location and scheduled time previously communicated to you by the reception at the RocklandMD Surgical Centre.

The day before your surgery:

- You must be fasting as of midnight the night before your surgery.
- You are permitted sips of water until 2 hours before your scheduled arrival time at the centre
- It is important to follow the information that was given to you from the pre-operative nurse at the hospital, or from your doctor's office

The day of your surgery:

- On the day of your surgery, bring your valid health insurance card
- The current list of your medications
- Do not take any medication unless otherwise instructed by your doctor
- Do not wear any make-up, cream, body lotion or perfume
- Do not wear any contact lenses, nail polish or artificial nails, jewellery or piercings
- Wear comfortable clothes
- Bring your CPAP machine if you have one
- The RocklandMD surgical centre is not responsible in the event of loss, theft or damage of personal or valuable objects

Important Notice:

- After your surgery, you will be taken to the recovery room where you will be under observation for a few hours.
- It is important to arrange for someone to bring you back home following your operation.
- It is forbidden to drive for the 24 hours following your surgery
- Note that it is prohibited for you to leave alone by taxi or public transportation
- For your safety, you should arrange to have someone stay with you overnight following your surgery

- Due to Covid-19 restrictions, no visitors will be permitted in the waiting room. When you will be ready to leave, the RocklandMD Surgical Centre will call the person you have designated to pick you up.
- If you need to cancel your surgery, please contact us at 514-667-3383 extension 250.

Additional Information

- For any questions regarding your surgical preparation, please contact your hospital or your doctor's office